

# Manual Lymph Drainage

## Conditions Covered

- Treatment and management of Lymphoedema and Oedema, to open lymphatics in the unaffected regions so these can help to drain the affected area to remove excess fluid and protein from the tissues.
- Compression Therapy – Multi-layered bandaging of the affected limb that follows each MLD session.
- Remedial Exercise and Breathing solely related to the above.
- The healing of wounds and burns
- Chronic inflammatory of sinusitis

## Conditions not covered

- Improving the appearance and texture of old scars.
- Skin Care and Hygiene
- Traumatic bruising and swelling
- Treatment of acne & acne rosacea
- Treatment of arthritis

## Members Covered

- Registered Full Members (not Associates) qualified to treat people with lymphoedema.
- Members have qualified from one of the schools recognised by the British Lymphology Society; Vodder (part 3), LeDuc, Földi, Casley-Smith, Asdonk.
- This list to be communicated monthly to HIBERNIAN AVIVA Health to confirm membership
- Members must be members at time of claims and full Professional Indemnity cover

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